



## Vision

The Institute brings contemplative spiritual practices together with sustainable ecological practices to guide and vitalize personal and collective transformation. The Institute is a land-based education. retreat, and research center committed to transforming our spiritual, psychological, economic, and agricultural understandings through a deep incorporation of ecological awareness. Contemplative practices that reorient our relation to others and restore our relation to the earth, and in so doing build our resilience, are undertaken alongside sustainable agricultural practices such as organic gardening, regenerative farming, and permaculture, to renew our selves and reconnect to the land.

"Be the change you want to see in the world."

-Gandhi

The Institute for Contemplative
Ecology is a not-for-profit,
land-based initiative exploring
how modern humans can learn
to live in respectful,
regenerative relationship with
their local ecologies. The
Institute offers educational
workshops and spiritual
retreats, explores sustainable
agriculture practices, hosts
ecological and ecospiritual
research, and partners with
like-spirited organizations.

Our spiritual retreats are nondogmatic and open to folks from any spiritual tradition. The focus is on opening up pathways to bring the voice of the many living worlds back into human cultures, on listening to our more than human neighbors, especially in traditions where this has been lacking for many generations.

"Knowing that you love the earth changes you, activates you to defend and protect and celebrate. But when you feel that the earth loves you in return, that feeling transforms the relationship from a one-way street into a sacred bond."

-Robin Wall Kimmerer Braiding Sweetgrass



The Institute for Contemplative Ecology is in Parkland County, on the Pembina River, one hour west of Edmonton. Home to forest, field, creek, and an abundance of wildlife, wildflower, and wild mushroom.



(Photo of pine marten on Institute land)

Located in Treaty 6 territory, the Institute's land-based vision of reconciling spirituality with ecology is both a contemporary effort that is new as well as a return to Indigenous wisdom of respectful relation to the land and to all our relations. Our land acknowledgment aims to go beyond mere words into a commitment of heart and action.



(Photo of Pembina River)

The many and converging crises of our time is a call to the human spirit to wake up, to transform, to evolve.

"In God's wildness lies the hope of the world." -John Muir

We are living in a time of great change – globalization, climate change, technological advances such as social media and AI. We believe a corresponding spiritual change is needed as well, the challenging change to an earth-based spirituality. A critical mass built up through many small local changes can become a global whole greater than the sum of its local parts. And become the change the world needs.



Interested to learn more about the Institute for Contemplative Ecology? Contact us by email at: <a href="mailto:i4cecology@gmail.com">i4cecology@gmail.com</a>